



## Bachelor of Arts in Health Sciences

The goal of the Health Sciences major is to provide students with a fundamental background in health promotion and disease prevention. This background will enable them to understand the role that health promotion plays in society and the mechanisms that affect public and community health, while also considering the complexities of maintaining an optimal level of personal health.

The Health Sciences major is viewed as an excellent option for undergraduate students who are preparing to enter graduate school in public health, health promotion, and health education, as well as other health-related graduate or professional programs, such as medicine or dentistry.

## Health Sciences Faculty



**Heidi Perkins, PhD**  
Department Chair & Advisor



**Cassandra S. Diep, PhD**  
Health Sciences Advisor

### Part-Time HEAL Faculty

Roberta Anding, MS, RD/LD, CDE, CSSD  
Daniel C. Hughes, PhD  
Nicholas K. Iammarino, PhD, CHES  
Sylvia Lawler, PhD, CHES



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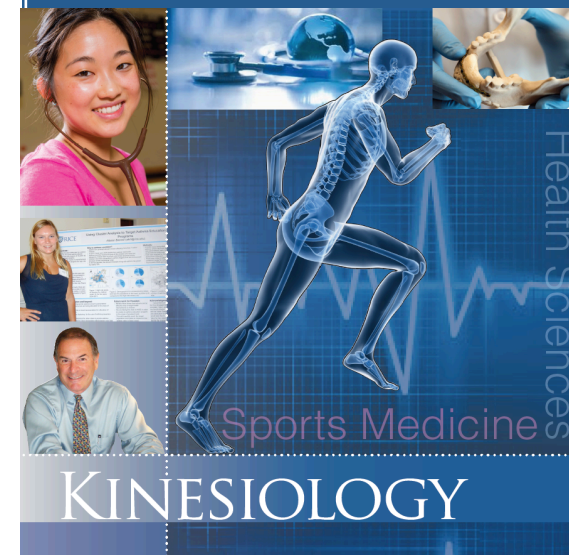


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**RICE**

## Bachelor of Arts in Health Sciences



RICE UNIVERSITY  
**Wiess School of Natural Sciences**  
Department of Kinesiology

# Degree Information

A minimum of 120 semester hours is required for the Bachelor of Arts in Health Sciences degree. In addition to the University course requirements, students majoring in Health Sciences must complete 42 hours of course work within the major and from a selection of elective credits. Students desiring to major in Health Sciences should consult the appropriate faculty advisor for personalized degree planning tailored to his/her desired career path.



RICE UNIVERSITY  
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Department of Kinesiology

## Bachelor of Arts in Health Sciences Degree Requirements

### **CORE COURSES (18 hours total)**

HEAL 222 (3) Principles of Public & Community Health  
HEAL 313 (3) Foundations of Health Promotion & Health Education  
KINE 319 (3) Statistics for the Health Professional  
HEAL 407 (3) Epidemiology  
HEAL 422 (3) Theories & Models of Health Behavior  
HEAL 460 (3) Planning & Evaluation of Health Promotion/Education

### **ELECTIVES (24 hours total)**

HEAL 103 (3) Nutrition  
HEAL 119 (3) Introduction to Health & Wellness  
HEAL 132 (3) Medical Terminology  
HEAL 208 (3) Chemical Alterations of Behavior  
HEAL 212 (3) Consumer Health & the Media  
HEAL 306 (3) Human Sexuality  
HEAL 350 (3) Understanding Cancer  
HEAL 360 (3) Violence in America: A Public Health Perspective  
HEAL 375 (3) The Built Environment & Public Health  
HEAL 379 (1-3) Internship in Health Sciences  
HEAL 380 (3) Disparities in Health in America  
HEAL 495 (1-3) Independent Research in Health Sciences  
HEAL 498 (1-3) Special Topics in Health Sciences

### **ELECTIVES (Continued)**

ANTH 381 (3) Medical Anthropology  
ANTH 386 (3) Medical Anthropology Food/Health  
ANTH 446 (3) Advanced Biomedical Anthropology  
BIOS 201 (3) Introductory Biology 1  
BIOE 360 (3) Appropriate Design for Global Health  
ECON 481 (3) Health Economics  
ENGL 272 (3) Literature & Medicine  
ENGL 273 (3) Medicine & Media  
ENST 315 (3) Environmental Health  
GLHT 201 (3) Introduction to Global Health  
KINE 300 (4) Human Anatomy with Lab  
KINE 301 (3) Human Physiology  
KINE 326 (3) Exercise Epidemiology  
KINE 440 (3) Research Methods  
MDHM 201 (3) Introduction to Medical Humanities  
PHIL 266 (3) Medical Ethics  
PHIL 354 (3) Philosophy of Medicine  
POLI 329 (3) Health Policy  
PSYC 345 (3) Health Psychology  
PSYC 346 (3) Stress and Health Across the Lifespan  
SOCI 313 (3) Demography  
SOCI 345 (3) Introduction to Medical Sociology  
SOCI 465 (3) Gender & Health  
SOSC 330 (3) Health Care Reform in the US

**TOTAL HOURS REQUIRED: 42**

