

# Independent Study Course

## Department of Kinesiology



### **KINE 495/496      HEAL 495/496**

### **Independent Study**

#### **A. OBJECTIVE**

The purpose of an independent study is to provide the student with an opportunity to participate in a research project or investigation of a topic under the supervision of a faculty mentor's direction and guidance.

#### **B. ELIGIBILITY**

1. Independent studies are open only to declared Kinesiology (KINE) majors.
2. KINE majors must have at least a 2.75 GPA in HEAL/KINE courses as of the end of the semester prior to initiating the independent study.
3. The student must have completed at least 60 hours of university credits.
4. The student must obtain approval from a faculty advisor for the independent study prior to the first day of class during the semester in which the independent study is to be conducted. Late requests will be considered.
5. The student must complete all parts of the Proposal Application for Independent Study (attached) and submit it to the Program Director (KINE or HEAL) before registered for this course, no later than the end of the second week of the semester in which the independent study is to be conducted.

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**KINE 495/496      HEAL 495/496**  
**Independent Study (continued)**

**C. GENERAL GUIDELINES**

1. The Proposal for Independent Study in the Kinesiology Department must be approved by the appropriate Program Director (KINE or HEAL) prior to the start of the independent study work.
2. Following approval of the Program Director, the student will work cooperatively with the faculty advisor to fulfill the requirements of the independent study.
3. In order to obtain credit for the independent study, the student must submit completed written work to the faculty advisor. The faculty advisor specifies the requirements for this written work. In most cases, however, this paper must be written in accordance with an acceptable style manner as directed by the faculty advisor, and must include the following:
  - a. Title of project – a succinct statement which includes the primary concepts of the study
  - b. Introduction – statement of the problem or topic in the form of a hypothesis or guiding question which includes the importance of the study
  - c. Review of Literature – description of the previously published findings directly related to the problem or topic
  - d. Discussion and Conclusions - relationship of the major findings from previous studies to the outcome as it relates to the statement of the problem or topic
  - e. References - a list of references cited in the manuscript in an appropriate format as determined by the faculty advisor
4. The research project must be completed within the semester in which the student enrolled for the independent study and the completed document must be submitted to the faculty advisor by the last day of classes of the semester in which the independent study was conducted.

**D. EVALUATION**

1. The student must submit the final written document as outlined in the general guidelines with any additional requirements as deemed necessary by the faculty advisor.
2. The final grade is based on the quality of the research conducted and final document as assessed by the faculty advisor.
3. The independent study is a variable (1-3) credit hour course.

## Proposal Application for Independent Study Kinesiology Department

This form must be submitted to the appropriate Program Director (Sports Medicine or Health Sciences) in quality computer print.

Student Name: \_\_\_\_\_ Date Submitted: \_\_\_\_\_

Student Email: \_\_\_\_\_

University Credits Completed: \_\_\_\_\_ KINE 495 \_\_\_\_\_ KINE 496 \_\_\_\_\_

Current University GPA: \_\_\_\_\_ KINE GPA: \_\_\_\_\_ HEAL 495 \_\_\_\_\_ HEAL 496 \_\_\_\_\_

Faculty Advisor: \_\_\_\_\_ Hours of Credit Desired: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_

Please fill in the following information:

- I. **Title of the Project:**
- II. **Introduction:**
  - A. **Statement of problem** (What is the nature of the proposed investigation?):
  - B. **Rationale of the project** (What is the importance of the project?):
- III. **Brief literature review** (Include important previously published findings):
- IV. **Method** (Brief description of the procedures used to obtain major findings necessary to complete the study.):

# Notification Form for the Status of the Independent Study Proposal

The student must submit the project proposal to the appropriate Program Director within the first two weeks of the semester in which the project is to be completed. The Program Director must approve the proposal prior to initiation of the research project.

Student Name: \_\_\_\_\_

Faculty Advisor: \_\_\_\_\_

Brief Title of Study: \_\_\_\_\_

Do not write below this line.

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## This section to be completed by the Program Director.

\_\_\_\_\_ **Approved:** The proposed independent study was approved by the Program Director and the research project may commence.

\_\_\_\_\_ **Approved with revisions:** The proposed independent study was approved pending the following revisions:

- \_\_\_\_\_ Title of project - incomplete - does not include important concepts of the study.
- \_\_\_\_\_ Introduction - does not include a clear statement of the problem and/or importance or need for the study.
- \_\_\_\_\_ Review of literature - does not include an adequate basic review of the literature.
- \_\_\_\_\_ Method - does not include appropriate description of subjects, procedures, instrumentation or analysis.

\_\_\_\_\_ **Not approved:** The proposed independent study was not approved because:

- \_\_\_\_\_ Project was not approved by a faculty member prior to the first day of classes.
- \_\_\_\_\_ Proposal was not submitted within the first two weeks of classes.
- \_\_\_\_\_ Student has not provided evidence of academic eligibility.
- \_\_\_\_\_ Other - see below.

\_\_\_\_\_  
Faculty Advisor/Program Director

\_\_\_\_\_  
Date